

**CSACI ANNUAL SCIENTIFIC MEETING**  
**OCTOBER 11 TO 15, 2017**  
**TORONTO, ONTARIO, CANADA**



**SPRING 2017**

## PRESIDENT'S MESSAGE

As the trees begin to bud here in Central Ontario, I look forward to the warmer weather ahead and the activities planned for the Canadian Allergy community. I have made my yearly trek to the Ontario Allergy Update as put together by the AAISO in April and was quite impressed by this year's talks and the organisation of the event. For those of you preparing to go to EAACI 2017 in Helsinki, Finland, I wish you a great time in that wonderful city.

As for our Meetings, I was glad to see an excellent turnout at the CSACI Reception in Atlanta back in March. The reception was packed and it was a great opportunity to meet with the other Canadian Attendees of the AAAAI Meeting in Atlanta. A quick shout out to those of you I also spotted running the AAAAI 5K Foundation fundraiser with me.

Of course, at this point our main focus is for our own Annual Scientific Meeting to be held in Toronto from October 11-15, 2017 at the (by then) newly complete Hotel X and the (already) renamed Beanfield Centre, both found on the grounds of the Canadian National Exhibition. Toronto is a great city to visit and I think these wonderful facilities will serve as an impressive backdrop to our Meeting. As usual there will be a wide variety of lectures and specialty programs like Hands-On Sessions to ensure our Members can obtain Section III Hours at our Meeting. Sandy Kapur, our Past President, has been working with our Annual Scientific Meeting Committee to put together a fabulous Program.



In the meantime, we will soon publish our recently approved 'Prescribing Sublingual Immunotherapy Tablets for Aeroallergens: A Position Paper'. We will also soon upload our first Section III Module to the CSACI Website. We will also be introducing a Blogpost feature on our Website for Members who wish to publish essays at @KevinMD.

The biggest news is the publishing of the **NIAID Peanut Introduction Guidelines** and a subsequent Editorial from various CSACI Board Members which both can be found in our AACI Journal, with links to them available from our CSACI Website. Of note, these are also the **CSACI Guidelines for Peanut Introduction**. We are partnering with Food Allergy Canada to do a series of Webinars and other educational projects to spread the word across Canada. I would like to thank Julia Upton, Kyla Hildebrand, Elissa Abrams and especially Edmond Chan for their continuing hard work on these projects.

Have a great Spring (and Summer),

Dr. David Fischer  
 CSACI President



European Academy of Allergy and Clinical Immunology Annual Congress 2017

June 17 to June 21, 2017  
Helsinki, Finland

2017 CSACI Annual Scientific Meeting

October 11 to 15, 2017 – Toronto, Ontario  
Beanfield Centre

American College of Allergy, Asthma and Immunology Annual Meeting 2017

October 26 to October 30, 2017  
Boston, United States

## IN OTHER CSACI NEWS

### CONGRATULATIONS!

On behalf of the Board of Directors of the Canadian Society of Allergy and Clinical Immunology, we would like to offer our sincere congratulations to our very own Dr. Estelle Simons who was inducted into the Canadian Medical Hall of Fame this year.

Estelle's list of achievements is outstanding, especially with respect to her research into Epinephrine and antihistamines. Her collective writings are the bedrock of any future research on those topics and the sheer number of them remains quite impressive. Becoming President of the AAAAI is a singular achievement for a Canadian Allergist and her influence on Canadian Allergists, both through her publications as well as her teaching of the graduates of the University of Manitoba programs will continue to impact the Canadian Allergy community for years to come.

[Click on this link for pictures and more information.](#)  
[Dr. Estelle Simons](#)

### CPD REPORT

Committee members continue to actively work on the planning of the Annual Scientific Meeting. We continue to work on a Section 3 module for the website and are trying to expand our Section 3 offerings at the annual meeting, as well as opportunities through the year.

We are always looking for enthusiastic members with an interest in medical education to help us continue to develop and expand the CPD portfolio. Let us know if you are interested. Likewise, if there is an unmet educational need in your area/scope of practice let us know. As CPD chair, Dr. Connors is on the Planning Committee for the Royal College/CFPC National CPD Accreditation Conference as well.

As a reminder to the provincial/regional allergy and immunology societies; we are able to accredit your events if your membership is interested in obtaining credits for your CME/CPD meetings. You can contact [info@csaci.ca](mailto:info@csaci.ca) for more details.

### CSACI WEBSITE

Check out the CSACI website ([www.csaci.ca](http://www.csaci.ca)) for job postings, our new Blog and the latest information on the upcoming CSACI annual scientific meeting.

### CSACI EXECUTIVE

President  
Dr. D. Fischer, Barrie

Past-President  
Dr. S. Kapur, Halifax

Vice-President  
Dr. H. Kim, Kitchener

Secretary-Treasurer  
Dr. T. Vander Leek, Edmonton

Board of Directors  
Dr. E. Chan, Vancouver  
Dr. L. Connors, Halifax  
Dr. A. Ellis, Kingston  
Dr. D. Mack, Burlington  
Dr. C. McCusker, Montreal

Fellow-In-Training  
Dr. M. Fein, Montreal

Section Advisors  
Dr. K. Hildebrand, Vancouver  
Dr. J. Lee, Toronto  
Dr. S. Mace, Scarborough  
Dr. S. Turvey, Vancouver  
Dr. J. Upton, Toronto  
Ms. S. Johnson, Winnipeg  
Ms. L. Kirste, Vancouver

Head Office  
P.O. Box 51045  
Orleans, ON K1E 3W4  
Email / courriel: [info@csaci.ca](mailto:info@csaci.ca)  
Tel: 613-986-5869

*Louise Tremblay*  
Executive Director

*Alexi Campbell*  
Manager

Do you have feedback, concerns  
or suggestions?  
Share them with the  
membership!

Send your comments to the  
CSACI

via email at: [info@csaci.ca](mailto:info@csaci.ca)

# FELLOWS-IN-TRAINING CORNER

## CALLING ALL FELLOWS-IN-TRAINING (FIT)!

Back by popular demand, the CSACI is holding its fifth "Practice OSCE" during the FIT (Fellows-in-Training) Workshop (on Thursday morning, October 12, 2017 in Toronto) to help prepare for RC examinations.

**For more information – please contact your respective program director.**



## Hello fellow CSACI members and FITs,

Happy Spring! It has been an exciting year in the field of allergy and immunology. Here are a few new and noteworthy developments since Fall 2016:

In January 2017, the NIAID published its Addendum guidelines for the prevention of peanut allergy in the United States.[1] This new guideline represents a significant change from previous practice and has garnered a lot of media attention. This guideline is not without nuance and controversy. A letter to the editor by CSACI members, entitled *Primum non nocere—first do no harm. And then feed peanut*, highlights some important considerations.[2]

There are also new international guidelines on sublingual immunotherapy[3] and stinging insect hypersensitivity[4]. Oral immunotherapy to foods continues to be a hot topic of active research with great promise for patients and families.

The ACAAI Annual Meeting in San Francisco and AAAAI conference in Atlanta featured excellent speakers and were both well attended by our members. We are looking forward to the European Academy of Allergy and Clinical Immunology Meeting in Helsinki, Finland from June 17-21, 2017.

Opportunity knocks! The CSACI's website committee is looking for new members to help improve our website. We are also looking for FITs interested in co-moderating a session at our Annual Scientific Meeting in October 2017. These are great opportunities to get involved with the CSACI. Please email [info@csaci.ca](mailto:info@csaci.ca) if you are interested.

Finally, the FIT session planning committee would like to thank the members who have responded to the survey "Advice for graduating allergy/immunology fellows." If you have not yet filled it out, the survey for CSACI members is still open, takes less than five minutes to complete, and can be accessed here: <https://www.surveymonkey.com/r/DOT5RJM>

Wishing everyone a warm, productive, and enjoyable Spring.

Dr. Michael Fein  
Senior FIT representative  
[Michael.fein@mail.mcgill.ca](mailto:Michael.fein@mail.mcgill.ca)

1. Togias, A., et al., Addendum Guidelines for the Prevention of Peanut Allergy in the United States: Report of the National Institute of Allergy and Infectious Diseases-Sponsored Expert Panel. *J Pediatr Nurs*, 2017. 32: p. 91-98.
2. Hildebrand, K.J., et al., *Primum non nocere—first do no harm. And then feed peanut*. *Allergy Asthma Clin Immunol*, 2017. 13: p. 7.
3. Greenhawt, M., et al., Sublingual immunotherapy: A focused allergen immunotherapy practice parameter update. *Ann Allergy Asthma Immunol*, 2017. 118(3): p. 276-282 e2.
4. Golden, D.B., et al., Stinging insect hypersensitivity: A practice parameter update 2016. *Ann Allergy Asthma Immunol*, 2017. 118(1): p. 28-54.

**As mentioned above the CSACI website now has new Blog. But we need your help FITs. Are you interested in being part of the CSACI website committee team? Drop us an email and we will give you all the details.**

*Contact us at [info@csaci.ca](mailto:info@csaci.ca).*

## SECTION REPORTS

### CSACI Asthma Section Spring 2017 Update

Introduction: A lot changes in a year and even more exciting things to come! Those of us involved in treating patients with severe asthma have now had a chance to build up critical experience with mepolizumab in addition to omalizumab. There are several clinical trials of other agents with exciting results released at other international conferences such as EAACI, WAO, and ATS on dupilumab, reslizumab, benralizumab, and TSLP inhibitors.

The national Canadian consensus document that is in the works through collaboration with Clinical Immunologists & Allergists working lock step with Respiriologists will hopefully assist in providing the best possible care by allowing physicians to confidently select the best biologic therapy to match the patient's profile. The scope of this work was far more than we imagined to come up with a unique and well researched Canadian analysis. It is hoped that this document is completed and published prior to our fall CSACI national meeting.

In addition to working with the Asthma Society of Canada, I have also worked with the Ontario Lung Association where I was given the honour of speaking at the plenary session during their annual conference, the Respiratory Health Forum 2017. I have also shared with the Ontario Lung Association a copy of all my slides which can be found at <https://www.on.lung.ca/registration-RHF-2017>

#### Goals for 2017

1. Continue to reach out to other professional interdisciplinary colleagues to improve collaboration. I would like to reach out in particular to Canadian Thoracic Society again in an effort to have our specialty represented in their new journal.
2. Publish the original paper on biologic therapies in Asthma that will be free of commercial bias. This I anticipate will be completed sometime in 2017. (Hopefully soon!)
3. Continue to ensure Asthma is well-represented in the CSACI Annual Meeting with speakers that represent diverse viewpoints involved in various new therapies other than those that involve eosinophils.
4. Continue to promote a collaborative approach to asthma management with our colleagues in Otolaryngology and Respiriology.

I encourage everyone in our Society to reach out and collaborate with our colleagues who are also involved in airway disease. I have found that this results in better care for patients and very rewarding in terms of developing supportive patient centered care.

Section Chair: Dr. Jason K Lee

### Anaphylaxis and Food Allergy

The Section is actively engaged in program planning for the 2017 CSACI Scientific Meeting.

Dr. Abrams and Dr. Upton are both advocating for timely and safe peanut introduction to infants. Along with other CSACI members, and led by the Paediatrics section head Dr. Hildebrand, they contributed as co-authors to the AACI editorial- *Primum non nocere—first do no harm: And then feed peanut; Allergy, Asthma & Clinical Immunology, 2017.*

With members of the Pediatrics section, the CSACI board, and Food Allergy Canada (FAC), they have also contributed to creating a webinar and frequently asked questions to educate patients about how and why to safely introduce peanut to infants. This presentation was March 23rd and was a success and work on the FAQs continues.

Dr. Upton presented to the FAC leaders about the NIAID peanut introduction guidelines and answered general allergy questions about food allergy treatments and best care on April 2nd, 2017.

Dr. Abrams and Dr. Upton look forward to working together and with the Paediatrics section, the CSACI and patient groups to improve the care of patients with anaphylaxis and allergy.

Dr. Julia Upton  
Section Chair

### Allied Health Section Report - 2017 Spring Report

The AH Section co-chairs are actively engaged in program planning for the 2017 CSACI Scientific Meeting. The annual Allied Health Symposium will include several sessions on Motivation Interviewing (MI). MI is an evidence based, practical and patient-centered counselling approach. It is useful for supporting patients resolve the ambivalence that serves as a barrier to engaging in the behavioural changes needed to achieve personal health goals. We are looking forward to hosting a 3 to 4-hour session on MI-- from theory to application in clinical practice.

The AH co-chairs will also be active this spring reviewing the applications for the CAAIF Allied Health grants.

The Allied Health Section is mandated to support the continuing education and networking needs of CSACI allied health members.

Leadership is provided by 2 allied health section chairs. The current co-chairs are Linda Kirste (registered dietitian) and Sara Johnson (registered nurse)

Linda Kirste, MPH, RD  
Telehealth practitioner  
Dietitian Services, HealthLink  
BC

Sara Johnson, RN, BN, CAE  
PhD Student  
University of Manitoba  
Winnipeg, Manitoba



## CSACI 72<sup>nd</sup> Annual Scientific Meeting October 11 to 15, 2017 - Toronto, Ontario

Make sure your calendars are marked! The 2017 CSACI Annual Scientific Meeting will be held from October 11 to the 15 at the Beanfield Centre (formerly Allstream)! This will be a marquee event with the education you want, the CPD credits you need, and social functions you will enjoy! Keep an eye out for information about registration and hotel booking this summer.

Dr. Sandy Kapur, Chair, CSACI 2017 Annual Meeting

### This year's theme: The Changing Face of Food Allergy



The topics planned to be discussed at the meeting include:

- Food Allergy on airplanes and in schools
- Oral Immunotherapy
- LEAP Implementation in Canada
- Perioperative Anaphylaxis
- Biologics in Asthma
- Venom Allergy
- Pro/Con Debate: Siblings and Peanut Allergy
- Urticaria
- Hereditary angioedema
- Penicillin Allergy

And back by popular demand:  
Literature Review, Full Day Allied Health  
Symposium ... and so much more!

### TRAVEL GRANTS

Travel grants are available to Fellows-in-training enrolled in Canadian programs of Allergy and Clinical Immunology, Basic Science Trainees involved in significant Allergy/Immunology research and Allied Health professionals who are members of the Allied Health section of CSACI.

### WHY YOU SHOULD ATTEND!

As the premier meeting of the allergy, asthma and immunology community, this conference provides several unique and engaging educational opportunities for the participant – such as:

- Interact with an impressive faculty of Canadian and international speakers;
- Network with colleagues across settings and disciplines;
- Translate scientific discoveries into your practice;
- Learn about policy issues that directly affect you;
- Raise questions, debate and discuss the issues,
- Discuss your own research and observation;
- Meet with poster presenters to learn about their research objectives; and
- Visit a number of exhibit booths featuring products and services specifically designed for professionals in allergy, asthma and immunology

### MOC ACCREDITATION - SECTIONS 1 AND 3

"Again this year, the CSACI is hosting several scientific sessions eligible for Section 1 and 3 credits.

Session 1. CanMEDs Leader Role: Conflict Management

Session 2. Asthma devices: The how to use/how to teach for all those puffers!

Session 3A. Pediatric Allergic Emergencies: Simulation

Session 3B. Adult Allergic Emergencies: Simulation

## 2017 CALL FOR ABSTRACTS

The CSACI and AllerGen NCE are pleased to announce the CALL FOR ABSTRACT SUBMISSIONS for the 2017 Annual Scientific Meeting of the Canadian Society of Allergy and Clinical Immunology. This year there will be one combined Abstract Competition.

The CSACI/AllerGen Abstract competition is open to Fellows-in-Training (FITs), Medical Students, Resident Associates, Scientific Student Associates, Allied Health Professionals and AllerGen trainees (members of the AllerGen Students and New Professionals Network (ASNPN)) interested in presenting allergic disease research findings.

The CSACI is now accepting abstract submissions via a NEW online abstract submission portal: [CLICK HERE](#)

Submission Deadline:

**Friday, June 30, 2017**

**NO EXTENSIONS WILL BE GIVEN**



**8<sup>th</sup> Annual CSACI  
Fellows-in-Training (FIT) Bowl !  
Start planning your teams now!**

***Dr. Anne Ellis  
FIT Bowl Chair***

### **2017 CSACI Annual Scientific Meeting APP**

Access everything you need for the Meeting right from your phone or tablet!

Search for abstracts and authors, learn more about the meeting sponsors and exhibiting companies, find your way around with easy to view floor plans. You can even plan, store and update your schedule with the online program!

***Answer pre and post test questions for specific sessions directly through the app and claim your section 3 credits!***

**NEW!**

**Want to win a Visa gift card but tired of filling out the exhibitor passport? New this year, the CSACI Trivia Game...stay tuned for more details.**

### **NREP**

The **National Residents Educational Program (NREP)** is designed to increase interest in the subspecialty of Allergy & Clinical Immunology among full-time Canadian medical students and residents in training.

CSACI will fund two (2) residents who have demonstrated interest in the subspecialty, one in Internal Medicine and one in Pediatric from each teaching university to attend the CSACI 2017 Annual Scientific Meeting.

**Deadline for submission: July 28, 2017**

More information will be sent to all program directors in late May.

## SPONSORSHIP OPPORTUNITIES

The CSACI recognizes the need for close collaboration between the Society and the corporate sector. This prospectus has been developed to identify initiatives currently being undertaken by the CSACI.

The Partnership Programs have been created by the Continued Professional Development (CPD) and Annual Scientific Meeting Committees to address the needs of the Society. For more information, please contact the CSACI Head Office.

**Thank you to our sponsors\***

### GRAND PATRON

**CSL Behring**  
Biotherapies for Life™

### PATRONS

STALLERGENES  GREER™  
Life beyond allergy

 **NOVARTIS**

Pediapharm 



  
Aralez  
Pharmaceuticals  
Breathing New Life Into Pharmaceuticals™

### GOLD SPONSOR



### SILVER SPONSOR



### BRONZE SPONSOR

**GRIFOLS**

*\*At time of print*

*More sponsorship opportunities are available – please contact the CSACI Head Office for more info*



# FOUNDATION NEWS (CAAIF)

*Save the Date*  
*October 12, 2017*




Canadian Allergy, Asthma and Immunology Foundation (CAAIF)

## Gala and Auction

**Hotel X Toronto**  
111 Princes' Boulevard | Toronto, Ontario

**Featuring Bruce Croxon**  
Founder, Round 13 Capital;  
Former Dragon on Dragon's Den



Invitation to Follow  
For more information call 613-986-5869

## 4K Why not participate in the CAAIF FUNDRAISING RUN/WALK

**Details for the run in  
Toronto (Lake shore area)  
will be available soon.**

### How to do it

Sign up when you register for the CSACI Annual Meeting online. Registration will also be open on-site at the meeting.

### Reasons to do it

Breathe in fresh ocean and mountain air to start your day  
Raise funds for the Canadian Allergy, Asthma and Immunology Foundation  
Enjoy the camaraderie and laughter of your peers  
Receive a great-t-shirt in recognition of your participation

### Prizes

Prizes for the fastest male/female/runner/walker  
Prize for the corporate team with the largest number of participants



## In other CAAIF news ....

### CONGRATULATIONS!

#### ***2017 CAAIF-AllerGen Research Fellowship***

The Canadian Allergy, Asthma and Immunology Foundation ([CAAIF](#)) and the Allergy, Genes and Environment Network ([AllerGen NCE](#)), a national research network, are pleased to announce that **Dr. Lauren Solomon** has been awarded the **2017 CAAIF-AllerGen Research Fellowship**, an award that supports the research of exceptional young scientists in the field of allergy and clinical immunology.

Valued at \$55,000, the 12-month research fellowship will allow Dr. Solomon to work with Dr. Lisa Cameron, an associate professor at Western University, to study molecular pathways regulating severe asthma in women.

T helper type 2 (Th2) cells are a type of immune cell involved in orchestrating the inflammation seen in asthma. Dr. Solomon will research how Th2 cells respond to inhaled steroids and to hormone replacement therapy. A better understanding of how these therapies affect Th2 levels may contribute to improved treatment options for women with severe asthma.

#### **CAAIF RESEARCH GRANTS:**

We are pleased to announce that Dr. Philippe Bégin from the Université de Montréal et Dr. Thomas Poder from the University the Sherbrooke have been awarded a total of \$25,000 for the 2017 CAAIF Research Grant competition for their project entitled "*Estimating Health State Utility Values for Food Allergy in Canada*".

We are also pleased to announce that Dr. Lisa Cameron from Western University has also been awarded a total of \$25,000 for the 2017 CAAIF Research Grant competition for her project entitled "*Genetic Variation in CRTh2 Influences Th2 cell Function and Response to Medication*".