



CSACI Newsletter

Volume 4, Issue III - Fall 2010

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PRESIDENT'S MESSAGE

Dear Members,

This is my final message to you as President, as I prepare to hand over to Dr Stuart Carr from Edmonton. I remember being told at some time in the last two years that this was a full-time job, which by definition means that it is difficult to do and at the same time maintain your sanity. I suspect that I will probably be the last of my generation to fill this position and remember Douglas Adams' admonition that anyone who is capable of getting themselves made President should on no account be allowed to do the job.



In the last two years we have seen Naturopathy achieve political legitimacy in British Columbia, Air Canada allow pets in the cabin and the CTA rule against pets and peanuts on aircraft. There are movements to change the ways that healthcare is delivered and funded in Canada and our subspecialty continues to struggle to maintain sufficient person power to fulfill the growing needs of Canadians. New training Programs such as those now established in Vancouver and Edmonton will help in this regard.

The 'recession' has significantly affected the ability of non-profit organizations such as CSACI to generate funds for their activities and there is increasing difficulty maintaining many Society Journals because of the loss of advertising revenues. We must hope that new funding models can be developed.

So CSACI needs your support in Victoria this year and for the future. We also need your support in recruiting young people to the Specialty, through mentorship, teaching and the spread of information about a career in Allergy & Clinical Immunology.

Sincerely,

Dr. R. Warrington, CSACI President

2010 ANNUAL SCIENTIFIC MEETING

The 65th Annual scientific meeting of the CSACI takes place in Victoria, B.C. from Thursday, November 4 to Saturday, November 6. On Thursday afternoon, there is a hands-on symposium entitled “Anaphylaxis – Are You Ready to Respond?” The session will provide practical information on how to prepare your office for severe anaphylactic reactions. Participants will be able to practise intubation and insertion of intravenous catheters into manikins. There will also be an opportunity to practise injecting actual epinephrine auto-injectors into fruit. In the early evening, an interesting symposium is planned that considers the role played by intravenous immunoglobulins as immune modulators.

On Friday morning, there will be symposia on food allergy and mast cell biology. Dr. Steven Taylor will be discussing the issue of peanut thresholds and its implication for risk in peanut-allergic patients. The value of food allergen component testing will be considered by Caroline Nilsson. Mast cell development and its effects on innate and acquired immunity will be considered during the symposium on Mast Cell Biology. **Friday afternoon will be a free afternoon.** Take this opportunity to explore nearby museums or the provincial legislative buildings in downtown Victoria. Whether you have a green thumb or not, a tour of the Butchart Gardens is well worth the time and effort. **Return in time for the inaugural FIT Bowl at 5:00 p.m.** Join your colleagues for some snacks and drinks while the Allergy residents compete in a light-hearted contest of medical and allergy trivia, combined with some non-medical trivia. It promises to be a great time. Come cheer on your favourite team of residents. Everyone is welcome. **On Friday evening**, following the FIT Bowl, the **CAAIF reception will be held at the Royal BC Museum.**

The plenary session on **Saturday morning** is on Vaccines. The Canadian experience of influenza vaccination in egg-allergic individuals will be presented. Common reactions to the influenza vaccine and the challenges of bringing vaccines to market will be discussed as well. On **Saturday afternoon**, there will be an Immunology symposium followed by a plenary session on Complementary Alternative Medicine. Topics included in the Immunology symposium are Hyper-IgE syndrome, IPEX syndrome, and biological immune regulators. Drs. Greg Rex and Leonard Bielory will be considering the claims and challenges of Complementary Alternative Medicine. This is a very timely subject seeing that complementary medicine practitioners have been placed on an equal footing with allergists for the treatment of environmental and food allergies by at least one provincial health ministry. Following this final plenary session, there will be the Poster Discussion symposium.

A full day allergy course has been organized by Jo-Anna Gillespie for Allied Health members on Saturday. The “Allergy in Clinical Care” Symposium will allow participants to apply their allergy knowledge to representative asthma and allergy cases (for more information - see pages 3 and 4).

The annual meeting will end with the CSACI dinner and awards presentation. The CAAIF silent auction will take place prior to and during the CSACI dinner.

Unlike previous meetings, there are no education sessions planned for Sunday. This allows the participants from Central and Eastern Canada to make their way home early in the day, if they so choose.

**Join your colleagues for the CSACI annual scientific meeting in Victoria.
The meeting extends from Thursday, November 4th to Saturday, November 6th.
I look forward to seeing you in Victoria.**

Chuck Frankish
Program chair,
CSACI Annual scientific meeting

2010 ANNUAL SCIENTIFIC MEETING

**Allergy in Clinical Care
A health care
Event you will not want
to miss!**

Objectives:

- ◆ To prepare the health care professional engaged in asthma management with the necessary clinical knowledge to recognize allergic disease.
- ◆ To learn safe, effective management options for allergic conditions.
- ◆ To understand the complex interplay between allergy and asthma.
- ◆ Understand the educational needs of the allergic patient.
- ◆ To increase accessibility of reliable, evidence-based allergy education to the public.

Location: Victoria, British Columbia
\$100.00 for November 6th 2010
\$125.00 for November 5 and 6th, 2010

IT'S NOT TOO LATE TO REGISTER
For the CSACI Annual
Scientific Meeting

Deadline for online registration is
Wednesday, October 8, 2010
You may also register
onsite in Victoria

For additional information, please
contact the
CSACI Head Office at:
csaci@royalcollege.edu

**PURSUANT TO ARTICLE XXX OF
THE CSACI BYLAWS, NOTICE IS
HEREBY GIVEN THAT THE ANNUAL
GENERAL MEETING OF MEMBERS
OF THE CSACI AND CAAIF WILL
BE HELD IN VICTORIA, BC ON
SATURDAY, NOVEMBER 6TH FROM
11:30 TO 12:30 IN SALON B
VICTORIA CONVENTION CENTRE.**

THE ANNUAL GENERAL MEETING

is an important event for every organization. It gives its members a broad overview of the current directions and financial health of the organization.

**All CSACI members are invited to
attend the CSACI and CAAIF AGMs.**

The agenda and other pertinent documents will be available on site.

Richard Warrington, MD, FRCPC
President, CSACI
Eric Leith, MD, FRCPC, Chair, CAAIF

Door prize will be awarded
(One free meeting registration
for next year's meeting in Quebec City
+ 2 free night's accommodation at the
Hilton Quebec. You must present at the
AGM and be a CSACI member to win.)

ALLIED HEALTH SECTION REPORT

“How paramount the future is to the present when one is surrounded by children.”
Charles Darwin (1809-1882)

Even though Charles Darwin spoke these words 150 years ago they still are meaningful today. Since the spring of 2010 our world has been hit by disasters ranging from earthquakes, floods, volcanic eruptions, forest fires and oil spills. Global events have catastrophic fallout effecting both our global and local environment. The bottom line: our world as we know it is rapidly changing and impacting our way of life and the health we value.

Since the 1950's the prevalence of allergy has exploded by 200%. Many theories abound to explain this phenomenon. Current research suggests changes in the environment impacts our genetic expression, therefore the expression of disease. Having a better understanding of gene-environment interaction has helped to better understand the scope of the problem but has not yet provided a solution. What is a certainty, how the allergy patient presents today will change in the future and without a cure the prevalence of atopy will continue to increase.

The final details for the **“Allergy in Clinical Care” Symposium** have been completed. This full day allergy course will offer participants the opportunity to gain basic knowledge for immediate application along with insights into the future directions for allergy care. **For more information, please visit www.csaci.ca.**

We may not have the cure but we have the responsibility to our children to stay informed.

I am looking forward to seeing you and welcome your friends to Victoria.

Submitted by:

Jo-Anna Gillespie
Allied Health Chair, CSACI



INTEREST SECTION REPORTS

RHINITIS AND SINUSITIS SECTION REPORT

At the next CSACI meeting in Victoria, Dr. Mark Greenwald, Section Vice-Chair will make a presentation entitled "Allergy In The Nose: Not Just Passing Through", in which he will talk of the nose as a self initiating and self sustaining organ of allergy. The goals of his talk are to enable the participants to become familiar with the IMMUNOBIOLOGY OF THE NOSE, to discuss how an allergic immune response can be generated in the nose, understand how an allergic immune response can be maintained in the nose and appreciate how this knowledge may impact diagnosis and management of allergy.

I also intend to poll the audience regarding the impact the previous talk(s) given in the setting of the Rhinitis Section have had on their practice.

Dr. Fanny Silviu-Dan, Chair

PEDIATRIC SECTION REPORT

We are looking forward to our section meeting this fall in Victoria. The format will again consist of a round table discussion and informal business meeting. Members consistently indicate that they appreciate a forum in which they are able to compare their practices with colleagues across the country. As in past meetings, members will be encouraged to discuss current topics of interest.

This year, the primary order of business will be the selection of a new chair of the section, as I have decided to step aside after serving in this position for six years. For more information regarding this position, please see "Elections" article on page 7.

Dr. Tim Vander Leek, Chair

FIT SECTION REPORT

Welcome to all the new PGY4's joining Allergy & Immunology programs throughout Canada! The Fellows-in-Training (FIT) Section gives a voice to fellows on the CSACI Board and we also coordinate the FIT workshop which typically takes place on the first day of the annual CSACI meeting. At this year's meeting in Victoria our session will include a workshop on Allergen Immunotherapy as well as a Career Planning Session.

I have now completed my fellowship training and the CSACI will be looking for a new FIT Representative to sit on the board. For more information—see article below.

Lori Connors, FIT Representative

FELLOW-IN-TRAINING REPRESENTATIVE VACANCY

CSACI has a vacancy position on their board for a Fellow-in-Training representative. As a FIT rep you will be asked to discuss FIT activities during the Board meeting which is held at the annual scientific meeting as well as at the mid-term meeting (held in during the AAAAI meeting); and participate in CSACI Board teleconferences as needed.

Do you or does someone you know have a passion for making a difference? It's time to nominate yourself or a colleague as a FIT member. If you nominate a fellow member, please contact the person first to ensure that he/she agrees. E-mail your nomination (please include a brief CV of the nominee, and why he/she/you would make a great FIT representative) to the csaci@royalcollege.ca by October 15, 2010 - the Nominating Committee will review all submissions shortly after. The results will be ratified at the AGM on Saturday, November 6th.



Your contribution will have an important impact on the CSACI!

ASTHMA SECTION REPORT

"Recurrent wheezing in the preschooler is a condition that pediatricians and other physicians who provide asthma care in children have to deal with on a daily basis. Considered by many as a prelude to asthma later in childhood, it afflicts at least 20% of children, of which about 40% continue to wheeze in later childhood. Asthma guidelines had ignored this large group of wheezers until the last few years, discussing it briefly and not giving much guidance to clinicians.

The Canadian Pediatric Asthma Consensus guidelines in 2005 was the first to discuss this group more extensively, but it was not until the 2007 NIH guidelines and 2008 GINA guidelines that we have had more comprehensive, evidence-based recommendations. A useful review by Theresa Guilbert was published last August in JACI (J Allergy Clin Immunol 2010;126:417-22). I would like to discuss this topic in the Asthma Interest Section meeting during our upcoming CSACI meeting (Saturday, November 6 from 10:30-11:30 a.m.).

If you have any comments or suggestions for that meeting, please contact me at francisco.noya@muhc.mcgill.ca

Dr. Francisco Noya, Chair

ANAPHYLAXIS INTEREST SECTION REPORT

We still are looking for requests from Section members on topics they would like to see covered at the Annual Interest Section Meeting at this year's Annual CSACI Scientific Meeting in Victoria, BC.

Please contact Dr. Anne Ellis, Queen's University (ellisa@queensu.ca) with your suggestions/requests.

Dr. Anne Ellis, Chair

CSACI NEWS

IMPORTANT UPCOMING DATES

- ♦ **CSACI Annual Scientific Meeting, November 3-6, 2010, Victoria, BC**
- ♦ American College of Allergy, Asthma and Immunology Meeting - Nov. 11-16, Phoenix, AZ
- ♦ WAO International Scientific Conference, 6-8 December 2010, Dubai, United Arab Emirates
- Maintenance of Certification (MOC) deadline is January 31, 2011
- ♦ **CSACI Canadian Dinner - San Francisco - March 19, 2011**
- ♦ AAAAI Meeting - San Francisco - March 18 to 22, 2011

NEEDS ASSESSMENT

We would like to take this opportunity to thank all those who completed the needs assessment.

We greatly appreciate you taking the time from your busy schedule to share your thoughts and opinions. The results will help the CSACI pinpoint where we need to focus our efforts and how we can continue to grow our organization. The data will be available at the Annual General meeting in Victoria.

AND THE WINNERS ARE ...

The ten lucky CSACI members of one of TEN \$50 gift certificates are:

- | | |
|-------------------------------------|---|
| 1. Dr. David P. Smith (Kitchener) | 6. Ms. Beverley Kulbaba (Winnipeg) |
| 2. Dr. Joel Liem (Windsor) | 7. Dr. Tom Comerford (Peterborough) |
| 3. Ms. Nancy Ross (Winnipeg) | 8. Dr. Allan Becker (Winnipeg) |
| 4. Dr. Albert Yeung (Richmond Hill) | 9. Dr. William P. Warren (Toronto) |
| 5. Dr. D.K. Banerjee (Montreal) | 10. Dr. Charles Listgarten (North York) |

IN MEMORIAM- Remembering Kammy

It is with deep sadness to inform you that Kathleen Stuart-Stubbs has passed away on June 20th, 2010.

Kathleen was very helpful in assisting Dr. Don Stark as President of the CSACI (1990-1992) as well as providing her support and commitment in establishing the Canadian Allergy, Asthma and Immunology Foundation.

Like the ripples in a pond, the work of one woman can spread out and touch the lives of many others. (Author unknown)



**** ELECTION 2010 ****

Dear Colleagues:

The **Canadian Society of Allergy and Clinical Immunology (CSACI) Nominating Committee** will be meeting in early **October** to make recommendations for a new **Board member** and committee members for **CSACI**. If you want to get more involved in **CSACI**, we invite you to consider volunteering on one of its many committees. Committee work not only gives you the chance to shape the future of our society and profession, but it is a unique opportunity to share experiences and solutions with colleagues.

If you are interested in serving as a **Board Member** or on one of the committees below , or a **FIT** representative or if you would like to recommend someone please contact **Louise Tremblay** at csaci@rcpsc.edu.

Thank you for making **CSACI** the exciting and dynamic organization it is today, and for ensuring a bright future for our specialty.

Regards, **Richard Warrington, President, CSACI**

DEADLINE FOR NOMINATIONS IS FRIDAY, OCTOBER 15, 2010

CSACI Board member

Responsibilities:

- ◆ Report activities to the Executive at least once a year
- ◆ Attend the Board Meetings at the Annual Scientific Meeting and at the Mid-term meeting each year
- ◆ Participate in CSACI Board teleconferences as needed

Website Committee - New Chair

Responsibilities:

- ◆ Use the website to foster communication between members, for committee work, for residents, and for Interest Section group
- ◆ Host continuing educational materials to increase the value of CSACI to members throughout the year
- ◆ Provide useful links to other related specialty societies
- ◆ Educate CSACI members in the utility of information technology in clinical practice

Interest Section Committee – Pediatrics, New Chair:

Responsibilities:

- ◆ Liaise with committee members and chair an Interest Section meeting during the CSACI Annual Meeting. If it would help you to accomplish your goals, you may decide to hold one or two teleconferences with key members of your section during the year as well. As stipulated in the CSACI bylaws, your term as Section Head is for two years renewable on bi-yearly basis at the Annual General Meeting.

Fellow-In-Training Representative

Responsibilities:

- ◆ (For more information—see page 6)

Silent Auction and Annual Fundraising Dinner - Victoria

Saturday, November 6, 2010

(from 19:00 to 21:00)

Fairmont Empress Hotel – Crystal Ballroom

As many of you know, each year the Canadian Allergy, Asthma and Immunology Foundation (CAAIF), as part of a three-day Annual Scientific Meeting, holds a signature event to help raise funds to further research into the causes, prevention and treatment of allergic diseases and to educate health care professionals, patients and the public about the advances in research and treatment.

Please consider showing support of our goals by donating a rare bottle of vintage wine from your cellar; an original art piece (painting, pottery, sculpture) from your favourite local artist; or, for your convenience, a monetary donation with which we would be happy to purchase an item on your behalf.

IN RETURN CAAIF WILL PROVIDE YOU WITH A TAX RECEIPT FOR THE VALUE OF YOUR DONATED ITEM.

Join us by participating in this exciting and worthwhile event by completing the attached donation form. Give generously to the CAAIF! We look forward to hearing from you soon.

Dr. Eric Leith, Chair, CAAIF

CAAIF AWARDS

The 2010 Allergy/Asthma Information Association (AAIA) and CAAIF Award for Ontario Research in Food Allergy was awarded to **Dr. Peter Vadas**, from St. Michael's Hospital in Toronto, for his project entitled "The Effect of Epinephrine on PAF signalling in human vascular smooth muscle cells".

The Talecris Biotherapeutics /CAAIF Fellowship in Immunodeficiency and Immunomodulation has been awarded to **Dr. Philippe Bégin** from CHUM Hôtel-Dieu in Montréal for his project entitled "Dual Function of Stem Cells Used in the Treatment of Coronary Heart Disease".

Walk to Axe Anaphylaxis Sunday, October 17th at 11:00 a.m. (Toronto)

Join us at the Walk to Axe Anaphylaxis! This event is lots of fun, but most of all, raising funds to support research allergy through the Canadian Allergy Asthma & Immunology Foundation.

The event is on October 17, 2010. Please register at the Ava Road Entrance to Cedarvale Park. The walk will begin there and continue to the bottom of the hill leading to Heath.

If you are interested in participating, volunteering or sponsoring
Contact walktoaxe@rogers.com

2010 ANNUAL SCIENTIFIC MEETING

VISIT OUR 2010 SPONSORS AND EXHIBITORS

Don't miss the opportunity to participate in the **CSACI Passport Program**. Pick up your passport at the CSACI Registration - then visit our participating sponsors and exhibitors, and have your passport signed. Drop off your completed passport in the Exhibit Hall. You will be entered to win some really cool prizes !



Daily prizes will be drawn during Networking breaks!

Exhibiting Hours:

Thursday, November 4, 14:30 – 17:00

Friday, November 5, 07:00 – 16:00

Saturday, November 6, 07:00 – 14:00



**YOU MUST BE IN THE
EXHIBIT HALL
TO WIN YOUR PRIZE !**

2010 CSACI ANNUAL SCIENTIFIC MEETING

The Canadian Society of Allergy and Clinical Immunology would like to gratefully acknowledge the following companies for their unrestricted educational grants:

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The CSACI would like to thank King Pharmaceuticals Canada for their kind contribution.